Indiana University School of Social Work
Alumni Association
14th Annual Alumni Continuing Education Conference
Many Faces of Social Work, United By Our Code

Friday, March 6, 2015
Valle Vista Conference Center
755 E. Main St., Greenwood, Indiana
6 CEU’s
Heather McCabe, MSW, JD

Continuum of Social Work Practice (worth 1.5 hours of ethics)

9:15-10:45 a.m. Keynote

Communicate both suicidal and non-suicidal ideation and language (nomenclature) to differentiate and understand the importance of using a standardized risk assessment instrument; however, it provides a standardized language that may assist clinicians in accurately identifying and documenting high risk ideation or behavior during a client assessment. Understand how to use the Self-Directed Violence Classification System clinical tool.

Death and Bereavement: Somebody’s Gotta Talk About It

Courtney Sutliff, MSW, LCSW, ACHP-SW

Participants will be able to identify the needs of a dying or bereaved client. Participants will be able to identify common signs of a typical grief response. Participants will explore methods for assessing for risk of complicated grief. Participants will gain an understanding of collateral grief experienced by helping professionals and how it impacts both one’s personal and professional life. Participants will explore methods for managing the impact of grief and loss beyond standard self-care.

Navigating the Systems Maze: Supports and Services for Indiana Children and Youth with Special Health Care Needs and Disabilities

Rylin Rodgers, BA

Families raising children who have special health care needs encounter a maze of systems and services as they seek to support their child’s growth and development. Rylin Rodgers will share lessons learned from navigating this maze, first for her own children and now for families throughout Indiana and beyond. Participants will learn about the current status of key systems, navigation strategies, and the impact of family and professional partnerships advocating for systems. The Rodgers’s family experience will provide a frame to consider need, values, strengths and challenges.

11:00 a.m. – 12:30 p.m. Breakout Session One

Working with Transgender Men and Women

Shannon Woller, Psy.D, ABPP, HSPP

Transgender men and women are a grossly underserved population within the United States healthcare systems. Although underserved, transgender men and women are at increased risk for psychiatric disorders, self-harm, and suicide attempts. Culturally sensitive care is an important skill for any practitioner who encounters transgender people in their clinical practice. Attendees will be introduced to appropriate terminology to use with transgender patients, to the differences between transgender, cross-dressing, and intersex conditions, and to some of the many ethical and practical concerns that arise when working with this group. Attendees will be educated on the WPATH standards for medical and psychiatric care of transgender patients as well. A case example will also be discussed to illustrate the often complex nature of transgender clients.

Classifying High Risk Behavior: A Review of the Self-Directed Violence Classification System

Travis Field, LCSW, MA, MSW

The Self-Directed Violence Classification System, developed by the Centers for Disease Control (CDC) and the Department of Veterans Affairs (VA), was developed to provide clinicians with a standardized language (nomenclature) to use when they are working with clients who are experiencing thoughts of self-directed violence or have engaged in self-directed violent behaviors (either suicidal or non-suicidal). In its present form, the Classification System is not by itself a suicide risk assessment instrument; however, it provides a standardized language that may assist clinicians in accurately identifying and documenting high risk ideation or behavior, equipping the clinician with specific definitions and teams to describe and document a client’s high risk behavior.

At the end of the session attendees will: understand the importance of using a standardized language (nomenclature) to differentiate and communicate both suicidal and non-suicidal ideation and behavior during a client assessment, understand how to use the Self-Directed Violence Classification System clinical tool.

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12:30–1:30 p.m. Lunch

1:30–3:00 p.m. Breakout Session Two

Challenges in Family Therapy with Delinquent and Sexually Abusive Youth

Hugh Hanlin, Ph.D., and Amanda Pryor, LCSW

This workshop helps therapists develop decision-making skills for highly challenging family therapy sessions. The workshop asks selected participants to engage in a scripted role-play of family sessions with the presenter acting as the therapist. The teaching method is to conduct “slow motion” family sessions with frequent “freezes” to discuss what the therapist might do next. The discussion provides direction to the therapist (presenter) on the next step in the family session. The therapist tries the intervention and workshop participants evaluate the outcome, make suggestions, and discuss interventions to use. The participants achieve the learning objectives from the interaction among participants and the presenters. The presenters challenge assumptions and encourage discussions among participants. Specific techniques arise from the discussion and their use clarified. The family sessions address issues related to delinquency, trauma, and family dynamics. The format is interactive rather than didactic.

PTSD-Families-Addictions and Spirituality: The Common Thread? Back by Popular Demand

Dr. Clyde Angel and Professor John Sullivan

The word Disorder in PTSD stands for Disorder of Recovery which raises the question:
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Valle Vista Conference Center • Friday, March 6, 2015

Social workers are central to supporting positive school climates but are a rare resource in Indiana schools. Participants will leave the session with knowledge and skills to support positive school climates through policy change at the state level and best practices with trauma-informed care at the direct service level.

Attendees in this session will gain:
1. An increased understanding of the current Pipeline to Prison phenomenon in Indiana;
2. Research-informed knowledge on how zero tolerance and exclusionary discipline policies disproportionately impact children of color;
3. Enhanced insight into how macro systems, such as child welfare, juvenile justice, mental health, and education, are partnering to change Indiana’s zero tolerance educational and juvenile crime laws that perpetuate the Pipeline to Prison issue;
4. Awareness of the emerging neuroscience of trauma;
5. Knowledge on how trauma impacts a child’s ability to learn; and
6. Skills with assessing and intervening with children and families who have experienced trauma.

3:15 – 4:45 p.m. Breakout Session Three

Incorporating Sexuality into Social Work Practice
Richard A. Friedman, MSW, LCSW, LCAC
Cultural competency requires that social workers be educated about social diversity and how their own and societal attitudes and beliefs affect the lives of others in a variety of cultural contexts. Shifting terminology and self-identifications among those who identify as other than heterosexual can cause confusion among social workers even when they have the best of intentions. This presentation is designed to help social workers examine their own preconceptions relating to non-heterosexual individuals and the place of sexuality in the lives of individuals and families. Discussion will focus on the culture surrounding non-heterosexuality, the history of gay and lesbian rights, the different ways in which non-heterosexuality has been conceptualized and the current legal status of non-heterosexual family relationships. Afterwards, several practice scenarios will be utilized to highlight the myriad impacts that non-heterosexuality can have for individuals at micro- and mezzo-levels.

DISCOVERING THE SUPER HERO WITHIN: Post Traumatic Growth and Resilience
Geri Waggle, MSW, LCSW
Crisis and trauma have the potential to transform individuals in positive ways. Current research is providing powerful proof that we are wired to grow in the wake of tragedy and crisis. Social workers will learn about a positive mental health topic: “Post-Traumatic Growth” (PTG) the phenomenon of individuals becoming stronger and creating a more meaningful life in the wake of tragedy or trauma. Social Workers will learn ways to help their clients reframe their past, recognize their unique strengths, and develop a core of resilience leading to a happier and healthier existence. In the words of Nelson Mandela, “The greatest glory in living lies not in never falling, but in rising every time we fall.”

What is the disorder? One explanation is that it is a Disorder of Recovery from the symptoms (by-products) of trauma.
These symptoms (by-products) impact and disrupt:
1) Families - shattered trust and loss of intimacy erodes the element of bonding essential to healthy relationships and leads to dysfunctional behaviors
2) Healthy Living - the emotional and existential pain untreated promotes self-medication of symptoms which often results in addiction
3) Self-esteem and Contentment - The individual's connection with SELF, their Higher Power or the Sacred, family, community, and nature are in disorder or in conflict.

These three areas of life that are impacted and disrupted need to be addressed in a holistic approach to the process of Recovery. Our presentation will describe the dynamics of disruption in each area and will propose approaches to treatment.

CareAware Options for Social Workers Engaging and Supporting Family Caregivers for Optimal Client Outcomes
Kate Kunk, RN, CIRS-A,
As we observe the 65+ population doubling by 2030, we also acknowledge that the risk for catastrophic illness and the cost of healthcare increase with age. While urgently seeking appropriate responses to the growing needs of this population, it is essential that we develop a more comprehensive, community-based care team that includes healthy, informed and engaged family caregivers as the backbone for successful care to prevent premature and unnecessary institutionalization.

At the close of this session, attendees will be able to:
1. Identify the extreme social and economic contributions of engaged family caregivers and the necessary caregiver supports to ensure best client outcomes.
2. Define the successful community-based care team as a composite that includes family caregivers and other lesser-considered entities.
3. Articulate barriers to caregiver engagement on the team, as well as the steps necessary for overcoming them.

Dismantling the Pipeline to Prison Phenomenon for Indiana’s Children
Sheila Dennis, MSW, and Anita Osborn, MSW
Indiana ranks 2nd in the nation for out-of-school suspensions of African American children. Zero tolerance policies create a culture of educational exclusion with a direct correlation to incarceration. As inequitable education is a civil rights violation, the US Department of Justice is pursuing the imperative for equal access to education for all children. Through a multi-systemic partnership, Children’s Policy and Law Initiative (CPLI) is a coalition of community service providers, stakeholders, and families who seek to reshape Indiana’s juvenile and educational laws, increasing children’s access to education and reducing the likelihood of incarceration. Participants will examine research that illuminates disproportionality and institutionalized racism in discipline practices as well as discuss how trauma impacts learning and leads to misdiagnoses and exclusionary discipline.
The session will also include a discussion on how school social workers are central to supporting positive school climates and leads to misdiagnoses and exclusionary discipline. Afterwards, several practice scenarios will be utilized to highlight the myriad impacts that non-heterosexuality can have for individuals at micro- and mezzo-levels.
supervision: Enhancing Clinical, Case Management and Visitation Facilitation Skills in Home-Based Practice

Laura Green, MSW, LCSW, CSAYC, and Carissa Cullumber, MSW, LCSW, CSAYC

This workshop will address creative and unique ways to provide supervision for home-based clinicians, case managers and visitation facilitators. Particular focus centers on energizing seasoned staff and engaging and retaining new staff. This workshop will also explore the concepts of using a management team approach to provide up to date interventions and treatment strategies to clinicians, case managers and visitation facilitators.

Crisis Intervention in Violent Times

Kim Walton, MSN, APRN, and Rev. Gerry Griffith

A police officer is killed responding to a domestic violence call. Another officer killed in the line of duty responding to shots fired when he approaches a group of people in an alley. Earlier that day six men and a woman were shot in a popular downtown bar and then a young mother is murdered and then the father commits suicide in front of small children. The caregivers in our community need tools to respond to those impacted by the violence in our community. This session will focus on developing tools to plan a community crisis response that will support caregivers and those impacted by violence.

• Participants will be able to understand how the brain responds to traumatic events.
• Participants will learn about immediate and long-term crisis reactions.
• Participants will understand the fundamentals of organizing a crisis intervention.
• Participants will receive tools for understanding and responding to underserved populations such as

Meet the Speakers

Dr. Clyde Angel, BA, DMin, has been the Chief of Chaplain Services at the Richard L. Roudebush VA Medical Center since November 2008. He began his career as a VA chaplain in Atlanta, Georgia in 2006. Chaplain Angel received his bachelor’s degree from Carson-Newman College, Jefferson City, Tennessee, in 1981. He completed a Masters of Divinity and a Doctor of Ministry degree from The Southern Baptist Theological Seminary in Louisville, Kentucky. Chaplain Angel is a veteran of the US Army and currently works extensively with Veterans in relation to Post Traumatic Stress Disorder and Substance Abuse in addition to his administrative responsibilities as director of the Chaplain Service Department at the Indianapolis VA Medical Center.

Carissa Cullumber, MSW, LCSW, CSAYC, is a trained family therapist specializing in the treatment of children who have been sexually abused, youth with sexually maladaptive behaviors and trauma informed care. Ms. Cullumber is credentialed with IN-AJSOP, Indiana Initiative to Advance the Treatment of Sexually Maladaptive Youth. Ms. Cullumber provides supervision to therapists and case managers employed with Family Works, Inc. in Indianapolis, as well as direct services to families involved with DCS and Juvenile Probation. Ms. Cullumber also assists with training therapists in the two-year marriage and family training program.

Sheila Dennis, BSW, MSW, is currently serving on the faculty of Indiana University School of Social Work, specializing in experiential education in schools and child welfare. Possessing a BSW, MSW, and pursuing a PhD in social work, Sheila's educational focus has been anchored in the social work profession. Since 2004, Sheila has taught social work courses and facilitated field education at Indiana University, Anderson University, and Royal Holloway University of London, where she also received a Postgraduate Certificate in Teaching and Learning. Sheila currently is an advisory board member of the Children's Policy and Law Initiative for which she is leading the charge to engage families in the policy reform process. Her research interests include the epistemology of social work assessment and equitable school discipline.

Travis Field, LCSW, MA, MSW, is a Licensed Clinical Social Worker at the Richard L. Roudebush VA Medical Center in Indianapolis. He has a master of arts degree from Southwestern Baptist Theological Seminary and a master of social work degree from the Indiana University School of Social Work. Since 1997, Travis has worked in the mental health field, including three different Community Mental Health Centers. For the past 9 years, he has worked at the VA: 4 years working as an outpatient mental health therapist for returning Iraq and Afghanistan combat Veterans, and for the past 5 years has worked in the role of Suicide Prevention Coordinator and Supervisory Social Worker.

Richard A. Friedman, MSW, LCSW, LCAC, is a doctoral student at the Indiana University School of Social Work. He has previously worked as a therapist for a foster care agency and a case manager for several community mental health agencies, is trained in trauma-informed care and has received advanced training on attachment-building interventions. He is currently a Social Work Fellow for the Leadership Education in Adolescent Health at IUPUI and has recently presented at several conferences at the state, national and international level. His research and practice interests include the formation of identity in GLBTQ adolescents and youth in foster care, interventions with hard-to-reach youth and the navigation of social versus intrapersonal identities.

Laura Green, MSW, LCSW, CSAYC, CAC, is the Executive Director of Family Works, Inc. She provides clinical supervision and trainings for the family therapists and case managers of Family Works, Inc. Ms. Green is a trained family therapist with specialized training in the area of sexual abuse, including training at the Kempe Children’s Center, Denver, CO. Her areas of expertise focus on adolescent males who have sexually maladaptive behaviors. She is credentialed with the In-AJSOP, Indiana’s initiative to Advance the Treatment of Sexually Maladaptive Youth. She provides training for clinicians in the process of obtaining credentialing through IN-AJSOP. Ms. Green has worked extensively with families who have experienced abuse or neglect. She has trained and presented at the local, national and international levels. Ms. Green specializes in the area of clinical supervision and continues to supervise clinical staff in her role as Executive Director.

Rev. Gerry Griffith is a Chaplain with the Hamilton County Sheriff’s Department. Her first crisis response was into Oklahoma City, and as a member of the Indiana Crisis Assistance Response Team, was deployed twice to New York City following the attacks of 9/11. She was part of the founding Board of Directors for Brooke’s Place for
Professor John E. Sullivan, MSW, LCSW, VAMC, has a B.S. degree in Sociology and an MSW degree from the University of Missouri. He has been a Field Instructor since 1987 for the IU School of Social Work. He has been an Adjunct Professor of Sociology at the University of Indianapolis since 1987.

Brianna Underhill works as a Care Coordinator for Centerstone in Spencer, Indiana. She served as a volunteer at the IWS and has co-developed a pilot program for mediator volunteers at several of the interfaith sites to assist with conflict resolution and de-escalation efforts. She coordinates several community outreach meals on Saturday nights through the Christian Student Fellowship House. Ms. Underhill has previously worked as a Resident Assistant at the Hannah House Maternity Home, which provides transitional housing for pregnant women in Monroe County. She has completed a 32-hour Basic Mediation Training course through the Community Justice & Mediation Center, providing tools and strategies for conflict resolution.

Marion Wagner, PhD, received her BA from California State University at Los Angeles, her MSW from San Diego State University, and her PhD from the University of Illinois, Urbana-Champaign. She worked in child welfare in California, Oregon, and Indianapolis before joining the School in 1982. Dr. Wagner retired from the faculty of Indiana University School of Social Work in 2007 and is an Emeritus Professor. She directed the Weekend-Work-Study Program and later directed the MSW Programs at Indiana University School of Socia Work. Her fields of interest are social policy, community organization, feminist administration, and power and empowerment. Dr. Wagner joined NOW in 1972 when she lived in Oregon. She moved to Indiana in 1975 to help ratify the ERA and was part of the successful Indiana ratification on January 18, 1977. She has been involved in NOW continually since joining. Marion has served several terms on the NOW National Board, including several terms as Great Lakes Regional Director. She currently is on the Indiana NOW State Board, is president of Indianapolis NOW, and serves on the National NOW PAC and two other national committees.

Geri Waggle, MSW, LCSW, has been employed as a Medical Social Worker for the Marion County Public Health Department of Indianapolis for over 15 years. She helps provide home based services to underserved individuals and families with chronic medical conditions and mental health needs. She received a Master of Social Work from Indiana University School of Social Work and a Bachelor of Arts in Psychology from Penn State University. Geri has over 20 years of experience in working with individuals across the lifespan from infants to older adults. She has been a presenter at professional social work and public health conferences, local social service agencies and the public-health professional community on topics such as hoarding, older adults and grief and loss.

Derelle Watson-Duval, JD, graduated cum laude from DePauw University and received her law degree from Indiana University School of Law in Indianapolis. She has practiced law for over thirty years. She is a former child welfare caseworker and served as counsel for the Marion County Office of Family and Children for sixteen years. Ms. Watson-Duval has represented adoption and guardianship petitioners in private practice. She currently represents the programs of Kids’ Voice of Indiana, including the Children’s Law Center of Indiana, the Supervised Parent-Child Visitation Program and the Bette J. Dick GAL for Kids Program.
Please print

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State ___________________________ Phone (Day) __________________________

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Place of Employment (if applicable) ____________________________

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Exhibit Table

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Additional Attendees Names for Nametags:

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Please attach a list of names if additional space is needed – we do nametags for each attendee. Also attach a note with their session selections.

Reservation Deadline: February 27, 2015.

If paying by check, please make payable to IUAA.

If paying by credit card please complete:

☐ Visa   ☐ Mastercard   ☐ AMEX

Acct. # ____________________________________________

Exp. Date ________ Security Code ________

Signature ____________________________________________

The IU Alumni Association is a dues supported membership organization.

Send completed form to: IUSSWAA, 340 W. Michigan St., Indianapolis, IN 46202

or fax to (317) 274-5064

For more information, please call (317) 274-8959 or e-mail kdeery@iupui.edu.

Indiana University School of Social Work Alumni Association 14th Annual Alumni Conference

March 6, 2015

Registration Online is also available at http://go.iu.edu/gTC
Please check the sessions you and your guests plan to attend. Indicate how many people will attend the sessions you select. This information will help us plan handouts, seating, etc.

Friday, March 6, 2015
8:30 – 9:00 a.m.  Registration
9:00 – 9:15 a.m.  Welcome
9:15-10:45 a.m.  Keynote
- Advocating Policy: Applying the Code of Ethics Along the Continuum of Social Work Practice (worth 1.5 hours of ethics) ______________

11:00 a.m.-12:30 p.m. Breakout Session 1
- Working with Transgender Men and Women ______________
- Classifying High Risk Behavior: A Review of the Self-Directed Violence Classification System ______________
- Death and Bereavement: Somebody’s Gotta Talk About It ______________
- Navigating the Systems Maze: Supports and Services for Indiana Children and Youth with Special Health Care Needs and Disabilities ______________

12:30-1:30 p.m.
- Lunch ______________

1:30-3:00 p.m. Breakout Session 2
- Challenges in Family Therapy with Delinquent and Sexually Abusive Youth ______________
- Care Aware Options for Social Workers Engaging and Supporting Family Caregivers for Optimal Client Outcomes ______________
- Dismantling the Pipeline to Prison Phenomenon for Indiana’s Children ______________

3:15-4:45 p.m. Breakout Session 3
- Incorporating Sexuality into Social Work Practice ______________
- Discovering the Super Hero Within: Post Traumatic Growth and Resilience ______________
- Supervision: Enhancing Clinical, Case Management and Visitation Facilitation Skills in Home-Based Practice ______________
- Crisis Intervention in Violent Times ______________

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you.

Lunch will be a buffet which will include vegetarian options.

Continuing Education Credits
Continuing education credits will be issued by Indiana University School of Social Work.

The conference is worth 6 CEU Hours.

Thank you to the following organizations who will exhibit at our conference:
Alzheimer’s Association of Greater Indiana
Bosma Enterprises
Centerstone
Columbus Regional Health
Community Health Network
Cummins Behavioral Health Systems
Fayette Regional Care Pavilion
GenderNexus
Gibault Children’s Services
Indiana Minority Health Coalition
Indiana Organ Procurement Organization
Life Recovery Center
Midtown Community Mental Health
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